

KIDS FOR YAH

VOLUME 5, ISSUE 8

August 2011

Why do we rest on the Sabbath day?

Have you ever wondered what's so special about the time period between Friday sundown and Saturday sundown? If you are old enough, your parents probably explained to you the significance of this 24 hour period. Yahweh used six days to create everything that we see. But on the seventh day, He rested. Yahweh blessed the seventh day and set it apart from all the other days. This day is called the Sabbath. Yahweh has commanded His people throughout all generations to observe the Sabbath as a special day forever.



So what does one do on the Sabbath day? Keep in mind that the Sabbath is considered Holy to Yahweh. Therefore, it is a day to worship Him. We sing songs to Yahweh and study His Word. The Sabbath has always been from Friday sundown until Saturday sundown. Throughout the centuries, misguided individuals have changed the Sabbath to a different day. But we must keep the true Sabbath that Yahweh has instituted from creation. In fact, the Bible even says that the true Sabbath is a sign between Him and His people! This is pretty serious stuff we are talking about here!

Be sure to do your part to keep the Sabbath holy to Yahweh. You can spend a part of your day praying and studying your bible. Maybe even take a nice, peaceful walk in the park with your family to talk about Yahweh's creation. And most importantly, try to rest on the Sabbath. Our weeks are so busy and filled with activities, that we are often exhausted and overwhelmed. Yahweh knew that His people would need a day to rest and recuperate. He is wise in all His ways!

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“You shall therefore love Yahweh your Elohim, and always keep His charge, His statutes, His ordinances, and His commandments.

— Deuteronomy 11:1

How can I keep the Sabbath Holy?

On page 1, we learned about the Sabbath day. See if you can choose the best answers below:

1. The Sabbath day is from:

- A. Friday sundown until Saturday Sundown.
- B. All day Sunday.
- C. Friday.
- D. Monday sundown until Tuesday sundown.



2. Yahweh created the Sabbath:

- A. In the New Testament.
- B. Right from creation.
- C. During the wilderness wandering of the Israelites,
- D. During Solomon's times since the people were so tired of building the temple.

3. You can keep the Sabbath Holy by:

- A. Doing hard yard work.
- B. Resting.
- C. Praying and studying the Bible.
- D. B and C are correct.

4. The Sabbath is a _____ between Yahweh and His people.

- A. burden
- B. sign
- C. flag
- D. hardship



Men in the Bible

Adam David Jeremiah Samson Paul
Matthew Timothy Luke John

H	H	D	X	E	G	G	W	Q	S	P	S	B	E	D	D	G	C	O	Q
B	A	Z	B	P	Z	T	E	F	X	B	W	Z	J	R	A	I	S	Y	U
R	X	I	A	A	X	A	H	R	E	N	T	J	Q	Y	J	V	A	K	R
E	R	U	M	N	N	D	T	N	Q	Z	G	Y	G	P	Z	A	I	V	L
R	L	G	M	E	Z	A	T	X	H	O	H	K	E	H	I	C	F	D	A
Y	A	H	H	P	R	M	A	X	I	T	J	Z	Z	S	V	A	U	U	N
U	K	I	T	S	W	E	M	L	O	A	C	Q	T	N	R	S	K	K	T
N	Y	W	H	P	C	S	J	M	I	Z	Q	E	U	F	A	V	L	N	T
A	Y	B	H	F	L	T	I	B	U	F	Y	X	S	A	M	S	O	N	E
S	V	N	Z	Q	N	T	K	E	K	U	L	N	K	Z	X	T	Z	S	K
B	S	B	F	P	N	K	A	Y	M	Y	H	P	K	Q	I	I	T	E	D
N	D	B	L	Z	X	E	F	P	E	Z	B	P	E	M	H	U	Z	X	P
I	H	E	E	O	O	N	O	N	K	X	T	V	Z	W	Z	D	L	V	M
A	Z	O	Y	E	Z	E	F	R	M	R	S	M	M	W	A	J	W	A	A
D	L	S	J	Z	Q	E	F	T	V	K	L	I	H	P	D	O	A	H	W

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The Birth of Yahshua

Use the Scriptures provided to fill in the blanks.

1. The parents of Yahshua were _____ and _____. (Luke 1:27)
2. Yahshua's mother wrapped Him in _____. (Luke 2:7)
3. What was the cradle that Yahshua was placed in? _____. (Luke 2:7)
4. Who were the first people told about His birth? _____. (Luke 2:8-9)
5. What city was Yahshua born in? _____. (Luke 2:4)
6. The announcement of Yahshua's birth was sung by _____. (Luke 2:13)
7. Who were the men from the east searching for Him? _____. (Matt. 2:1)
8. They were led by a _____. (Matt. 2:2)
9. The gifts presented to Yahshua were _____, _____, and _____. (Matt. 2:11)
10. The reason Yahshua was not born in his parents hometown was due to a _____ required by Caesar Augustus. (Luke 2:1)
11. The shepherds were warned in a _____ not to return to Jerusalem. (Matt. 2:12)
12. Who was the King who ruled when Yahshua was born? _____ (Matt. 2:1)

